

Dynamic
footy skills

THE ACADEMY PROGRAM

DEVELOP SKILLS, IMPROVE CONFIDENCE, INCREASE ENJOYMENT.

MASTER CLASS

SPECIALIST TRAINING WITH 2 AFL PLAYERS.

DFS Academy Members will spend this 3 hour session up close and personal with Hamish McIntosh(Geelong fc) and Aaron Edwards(Richmond fc). Each squad of 20 will spend 1 hour with each player prior to rotating.

Hamish McIntosh will coach the mid field program. The players will work on mid field set ups, spreading from stoppages, communication , defence and attack transition plus more.

Aaron Edwards will work with the forwards and defenders. The players will gain a greater understanding of running patterns, projecting space, multiple leads, and how to deal with the above as a defender.

**AFL players may change due to circumstances beyond the control of DFS.*



Hamish McIntosh

108 AFL games.
203 cm 100kg,
Rising Star nominee,
All Australian Nominee
2007, 2009.



Aaron Edwards

91 games AFL games,
184 cm, 93kg,
138 AFL goals, Liston Trophy,
Frosty Miller trophy.

BONUS SESSION COMBINE/DRAFT TESTING.

AFTER YOUR AFL SESSION COMPLETE THE COMBINE/DRAFT TESTING AND COMPARE YOUR RESULTS WITH YOUR STP DATA.

\$10 FOR ACADEMY MEMBERS AND
\$30 FOR NON ACADEMY MEMBERS.

DETAILS:

DATE: WEDNESDAY 16 APRIL

TIME: 11AM - 2PM

VENUE: ST MONICAS COLLEGE,
DALTON RD, EPPING

COST: \$60

PARTICIPANTS: LIMITED NUMBERS

CLICK HERE FOR ONLINE REGISTRATION

UPCOMING MASTERCLASSES:

- GAMES AGAINST INTERSTATE REP TEAM
- SATURDAY SKILLS SESSIONS

PARTNERS

TECHNIKA
TOMORROW'S TECHNOLOGY TODAY

**BUSINESS JET
TRAVEL**