

DYNAMIC FOOTY SKILLS FITNESS TESTING RESULTS



Date tested: 2nd, 9th, 16th Nov 2014
Venues: Parade College, Toorak College,
Booroodara Sports Complex

Sport: AFL
Team: 2014 STP Players
Tested 179 / 314 players

Tested By: Dynamic Footy Skills
www.dynamicfootyskills.com.au



AVERAGES for 2014 STP

Year Born	Vertical Leap (cm)	HEIGHT (cm)	WEIGHT (kg)	AGILITY (seconds)	20 METRE (seconds)	BEEP TEST
2005	29	135	31	9.94	3.97	7.8
2004	37	143	36	9.97	3.79	8.1
2003	37	148	40	9.83	3.79	8.0
2002	41	157	46	9.48	3.59	8.6
2001	45	162	53	9.25	3.52	9.9
2000	53	171	61	8.90	3.33	10.5
1999+	55	173	71	8.85	3.23	11.0

Date of Birth	Name (Last)	Name (First)	Nickname	Gender	Location	Local Club	Vertical Leap (cm)	HEIGHT (cm)	WEIGHT (kg)	AGILITY (seconds)	20 METRE (seconds)	BEEP TEST
8/11/1996	Cappello	Shazi	SHAZI	Female	Bulleen	Mernda Demons U18's	46	160	60	8.95	3.47	5.8
26/07/1997	Baillie	Jayden	Baillie	Male	Essendon	Rupertswood u18	59	169.5	61	8.69	3.07	12.5
29/07/1998	Abouhaila	John	Johnny	Male	Essendon	Under 16s	52	166.5	63	9.09	3.31	12.0
2/10/1998	Barton-Smith	Alexander	Alex	Male	Bulleen	Ferntree Gully Eagles U/17	57	173	67	8.76	3.11	11.3
5/12/1998	Cannolo	Billy	Cannolo	Male	Essendon	Rupertswood FC U16 A	61	173.5	62	8.39	3.11	12.2
29/01/1999	kendal	imogen	imi	Female	Bulleen	bulleen templestowe under	37	156.5	64	9.57	3.74	6.0
10/03/1999	Young	Brayden	Youngy	Male	Essendon	Wyndhamvale Falcons U16	50	179	73	9.06	3.31	9.8
13/05/1999	Closter	Boston	BOZZY	Male	Mt Eliza	Rye U15	67	182.5	75	8.44	3.04	11.7
16/05/1999	Welsh	Max	MAXI	Male	Essendon	north geelong u/16s	56	177	92	9.01	3.36	7.1
21/05/1999	Crema	Nicholas	THE WORM	Male	Bulleen	Ivanhoe U15	51	191.5	121	9.34	3.09	DNF
5/06/1999	asciak	corey	corey	Male	Essendon	hillside football club u16	55	173.5	61	8.9	3.06	13.0
13/06/1999	Sutherland	Aaron	Aaron	Male	Mt Eliza	Narre Warren North Foxes	49	175.5	67	9.16	3.03	11.4
7/08/1999	Thomas	Jayden	Thomo	Male	Mt Eliza	RYE Junior Footyball Club /	56	171	59	8.15	3.02	13.9
27/08/1999	Nadalin	Stefan	Stefan	Male	Bulleen	Ivanhoe JFC U15	57	181	77	8.23	3.32	12.1
13/10/1999	Mifsud	James	MIFFO	Male	Essendon	Hillside Sharks Football Club	50	168	83	8.92	3.4	10.3
1/11/1999	May	Callum	MAYZE	Male	Bundoora	Wallan Under 15s	62	168	63	9.02	3.31	14.3
2/12/1999	wills	joel	Joel	Male	Mt Eliza	Rye JFC under 15s	62	180	66	8.78	3.22	12.1
17/01/2000	Roussos	Christopher	Roussos	Male	Bundoora	under 14/ Laurimar	45	177.5	66	9.31	3.41	10.9
22/01/2000	Sultana	Luke	Sulty	Male	Essendon	Ruperstwood U14	52	161.5	50	8.65	3.42	12.3
23/01/2000	Yankos	Kyle	YANKOS	Male	Bundoora	14s	51	179	58	8.76	3.4	11.6
2/02/2000	Dawber	Nelson	Nelson	Male	Bulleen	Knox Falcons Under 14B	63	188	70	9.08	3.29	8.1
18/03/2000	Caddaye	Jake	CADDAYE	Male	Bulleen	Bayswater Junior Football C	56	181	66	8.96	3.17	9.2
4/04/2000	Crowhurst	Brendan	Bear	Male	Essendon	Woodend Hawks U14 Turne	61	177	65	8.83	3.27	12.0
6/04/2000	Cochrane	Charlie	charlie	Male	Bundoora	Laurimar FC u14	62	167	56	8.29	3.14	12.6
11/04/2000	Burke	Jacob	Burkey	Male	Bulleen	Croydon under 14	50	165	61	9.3	3.37	11.6
21/04/2000	Philp	Thomas	Philpy	Male	Bundoora	U14 St Mary's	40	174.5	60	9.42	3.44	10.1
21/04/2000	Ajaimy	Michael	Ajaimy	Male	Essendon	U/14s	56	169	59	9.05	3.39	10.3
1/05/2000	Kotas	Bryce	KOTAS	Male	Bundoora	Laurimar Power U14	65	181.5	65	8.64	3.35	12.3
28/06/2000	Quadara	Damien	DAMO	Male	Bundoora	Laurimar Football Club U14	48	170	86	9.09	3.42	7.1
5/07/2000	Gordon	Thomas	TOMO	Male	Essendon	Woodend U14T	66	185.5	75	9.42	3.1	10.1
15/07/2000	Holton	Zachery	ZACMAN	Male	Mt Eliza	Karingal Bulls U/14s	56	178	63	8.28	3.18	12.2
24/07/2000	Rudic	Tristan	TREO	Male	Essendon	Hillside Sharks JFC	63	166.5	52	8.41	3.24	13.10
29/07/2000	Webb	Matthew	WEBB	Male	Bundoora	Preston Bullants u14	50	177.5	56	8.88	3.2	11.5
1/08/2000	halewood	jake	woody	Male	Bundoora	St marys junior football club	45	161.5	41	8.45	3.53	10.2
8/08/2000	Vasilevski	Lucas	VAZ	Male	Bundoora	South Morang Blue under 1	66	185.5	75	8.28	3.37	7.3
10/08/2000	Karslake	Joshua	Karzi	Male	Bundoora	Diamond Creek U14	59	165	52	9.31	3.34	10.1
11/08/2000	Quinn	Ashley	Quinny	Male	Bulleen	Beverley Hills Junior FC U/1	46	167.5	61	8.78	3.34	10.7
13/08/2000	Galtieri	FRANKIE	Frankie	Male	Essendon	AIRPORT WEST U14s	38	164	59	9.36	3.41	10.2
18/08/2000	Dean	Harry	DEANO	Male	Essendon	Woodend u 14 Seniors	48	172	73	9.1	3.38	8.2
25/08/2000	curic	jackson	jackson	Male	Bundoora	preston bullants under 14	50	182	74	9.22	3.44	9.2
26/08/2000	De Napoli	Julian	JULIAN	Male	Bundoora	North Brunswick Under 14's	51	150	40	8.67	3.27	11.5
28/08/2000	Bowden	Callum	CAL	Male	Bulleen	Karingal Bulls JFC Under 14'	51	174	63	9.01	3.21	11.6
1/09/2000	Allen	Dylan	DJ	Male	Mt Eliza	Rye JFC 2014	60	167.5	53	8.9	3.32	11.1
12/09/2000	Hosking	Harrison	HAZZA	Male	Mt Eliza	East sandy U14	48	167	54	9.81	3.36	9.1
22/09/2000	Harris	Lochie	Loch	Male	Bulleen	Beverley Hills Junior Footba	59	176.5	63	8.71	3.33	12.12
3/10/2000	House	Jack	Housie	Male	Bundoora	Yarrambat Under 14's	50	174.5	64	8.36	3.34	11.10
10/10/2000	Anderson	Caelan	Caeza	Male	Bundoora	Laurimar U14	62	168	60	8.47	3.25	13.2
14/10/2000	lunn	Andreas	Diesel	Male	Bundoora	Preston Bullants U14	41	163.5	55	9.05	3.45	6.7
15/10/2000	Klooster	Nick	Nick	Male	Bundoora	South Morang U14 Blue	61	178	64	9.04	3.31	10.4
31/10/2000	Kissane	Connor	Kissane	Male	Bundoora	St Mary's Greensborough U	56	163	55	8.74	3.26	11.1
16/11/2000	Tauber	Cade	CADO	Male	Mt Eliza	Langwarrin U14	54	176	64	8.89	3.26	12.3
17/11/2000	Pryde	Zachary	Zac	Male	Mt Eliza	Langwarrin Junior Football	44	155	45	8.61	3.64	7.8
4/12/2000	Schembri	Michael	Schembri	Male	Essendon	Avondale Heights Football C	47	160	60	9.18	3.35	11.10
28/12/2000	Wilson	Brodie	freak	Male	Essendon	East Sunbury Thunder U14	56	166	59	8.81	3.34	9.6

Date of Birth	Name (Last)	Name (First)	Nickname	Gender	Location	Local Club	Vertical Leap (cm)	HEIGHT (cm)	WEIGHT (kg)	AGILITY (seconds)	20 METRE (seconds)	BEEP TEST
21/08/2003	Nadalin	James	Nads	Male	Bulleen	Bulleen Templestowe U11	39	151	41	9.61	3.75	10.10
11/09/2003	Anderson	Blake	Blake	Male	Bundoora	mernda under 11	45	156.5	44	9.83	3.54	6.5
18/09/2003	Charles	Liam	Charlzy	Male	Mt Eliza	Frankston Dolphins Junior F	35	147	46	9.51	3.72	8.1
25/09/2003	Cremore	Joshua	Joshy	Male	Bundoora	South Morang U11 Blue	36	140	38	10.83	3.97	5.4
1/10/2003	Colosimo	Dante	Dante	Male	Bulleen	FJFC U12	35	150	41	10.22	3.81	7.4
1/10/2003	Cannon	Tristan	TWISTIE	Male	Essendon	Oak Park Football Club Und	42	142	40	9.88	3.69	7.6
29/11/2003	Conti	Sam	Sam	Male	Essendon	Maribyrnong Football club	28	144.5	47	10.03	3.9	
4/12/2003	Samuel	Jacob	Jacob	Male	Essendon	Maribyrnong Park Football	39	142	30	9.83	3.64	8.2
22/12/2003	Pappas	Christian	Papps	Male	Bundoora	Epping Junior Football Club	32	140	34	9.3	3.61	9.5
26/12/2003	Rowe	Harry	HARRY	Male	Mt Eliza	U12 Mt Eliza FC	40	155	46	9.58	3.65	10.11
15/01/2004	Cookie	Jacob	Cooke	Male	Bulleen	Beverley Hill JFC U11	29	146	36	9.88	3.81	8.7
15/01/2004	McLaughlin	Athan	Athan	Male	Bulleen	Heidelberg	40	152	54	11.18	4.03	5.3
28/01/2004	Egan	Carlos	Carlos	Male	Essendon	Tullamarine Football Club -	51	142	35	9.23	3.43	7.9
30/01/2004	Maruff	Jack	Jacko	Male	Bundoora	U'10 Whittlesea Eagles	41	144	36	10.23	3.75	6.1
4/02/2004	Power	Brodie	Brodstar	Male	Bundoora	Laurimar Under 10's	26	142.5	53	11.18	4.61	4.4
11/02/2004	McCormick	Jason	Jason	Male	Bundoora	Eltham U11	35	137.5	31	9.36	3.44	7.6
15/02/2004	Warden	Austin	Aussie	Male	Essendon	Tullamarine u10s	30	146	35	10.21	3.95	9.4
27/02/2004	Hill	Noah	NOAH	Male	Bulleen	Heidelberg Under 10s	38	140.5	30	9.24	3.57	9.5
12/03/2004	Arrowsmith	Jedd	Jeddy	Male	Bundoora	U10 Heidelberg	35	157	50	10.08	3.95	6.3
21/03/2004	Fealy	Miller	MILSY	Male	Bulleen	Heidelberg	34	149	40	10.13	3.69	6.7
26/03/2004	Hamilton	Joshua	Hammo	Male	Bundoora	Eltham U11 Red	38	140.5	32	9.00	3.67	10.4
30/03/2004	Delzoppo	Zach	Zoppo	Male	Bundoora	U10 Laurimar Power	34	133	30	10.38	3.94	8.3
20/04/2004	Dooley	Max	DOOLS	Male	Bulleen	Whitehorse Colts Under	41	150	38	9.22	3.88	10.10
13/05/2004	Mohr	RYLEY	MOHRIE	Male	Mt Eliza	Langwarrin Blues under 10s	34	139	34	10.6	4.01	9.2
19/05/2004	Harvey	Lachlan	Harvs	Male	Mt Eliza	Chelsea YCW u 10s	35	149	36	9.41	3.99	DNF
27/05/2004	Edmonds	Darcy	DARC	Male	Bulleen	Heidelberg U10	42	143.5	33	9.09	3.42	8.3
2/06/2004	McInerney	Jack	Macca	Male	Bulleen	Heidelberg Junior Football C	36	144.5	34	10.16	3.7	9.1
14/06/2004	Nosiara	Hugo	Huge	Male	Mt Eliza	Mt Eliza Under 11 Blue	40	140.5	33	9.52	3.68	10.0
18/06/2004	Culligan	Colm	Colm	Male	Bundoora	Eltham panthers under11's	33	151	42	9.49	3.91	8.2
27/06/2004	MCLEOD	ZACHARY	MACCA	Male	Bundoora	Park Orchards Under 11	32	145.5	41	10.31	3.99	6.1
11/08/2004	Bugeja	Joquin	BUGEJA	Male	Essendon	Under 10&12 tullamarine	37	138	31	9.97	3.76	7.4
31/08/2004	Palling	Riley	BAZZA	Male	Mt Eliza	Langwarrin JFC, Under 11s	27	143.5	31	9.89	3.95	7.3
9/09/2004	Craven	Kobi	Kobi	Male	Bundoora	Mernda under 10	33	133.5	29	9.71	3.7	10.1
21/09/2004	MANTELLO	JACK	JACK	Male	Essendon	MARIBYRNONG PARK UNDE	31	136.5	31	10.38	3.63	9.1
5/10/2004	Rudden	Matt	RUDDEN	Male	Bundoora	Eltham Panthers Under 11	40	147	37	10.41	3.88	7.8
13/10/2004	Bateson	Bailey	BATESON	Male	Essendon	Tullamarine FC U10's	34	132	34	10.42	3.67	8.4
13/10/2004	Fluke	Nicholas	Flukey	Male	Essendon	Hillside Football Club / Und	48	137.5	32	9.83	3.57	9.3
27/10/2004	Flatman	Patrick	PATTY	Male	Essendon	Tullamarine Under 10s	43	147	30	10.44	3.76	8.2
26/11/2004	Langborne	Mitchel	Mitch	Male	Bundoora	Wallan under 10	35	142	31	10.03	3.57	10.5
26/02/2005	Tomassini	Gus	MUSTARD	Male	Bundoora	Heidelberg	29	137	29	10.24	3.87	8.3
31/03/2005	Cardamone	Alessio	ALESS	Male	Bundoora	Heidelberg tigers	29	135	35	10.72	4.13	6.5
11/04/2005	Young	Hunter	Hunter	Male	Essendon	Moonee Valley	32	127.5	27	9.58	3.88	7.5
19/04/2005	Loustas	Billy	Billy	Male	Bulleen	Under 9's	25	136.5	32	10.16	4.04	8.6
6/06/2005	Karakaltchev	Liam	Liam	Male	Bulleen	Yarrambat under 10's	28	133.5	30	9.55	3.97	8.4
2/07/2005	connell-tobin	charlie	charlie	Male	Bundoora	West Ivanhoe Roosters U0	28	148	38	9.79	4.08	10.3
10/12/2005	Markovsky	Isaiah	Isaiah	Male	Bundoora	Macleod Jnr Football Club -	27	131.5	28	9.23	3.96	7.4
20/12/2005	McCormack	Levi	Macca	Male	Bundoora	U/9	37	132.5	30	10.26	3.81	5.1