

FITNESS TESTING RESULTS

2015 ELITE SUMMER TRAINING PROGRAM



Name (Last)	Name (First)	Birth Year	Club	Height (cm)	Weight (kg)	Vertical Jump (cm)		20 METRE (seconds)	AGILITY	BEEP
						Standing	Running			
	11	10	9	8	7	6	5	4	3	2
Amprimo	Nathan	29/05/2003	Knox Junior Football Club	164.5	47	36	43	3.63	8.93	9.9
Anderson	Brody	14/02/2006	Norwood JFC	127	33	39	39	3.72	9.65	7.1
April	Callum	1/11/1999	Kilmore FNC	n/a	n/a	60	72	3.18	9.09	14.3
Bahnert	Jai	13/09/2004	East Sunbury	140.5	35	39	53	3.61	8.98	11.2
Baric	Michael	15/11/2001	WestMeadows	184	83	58	63	3.18	10.57	8.11
Bellissimo	Jordan	27/05/2003	St Marys	146	38	32	39	3.71	9.66	9.1
Bertrand	Chad	1/03/2006		137	37	33	35	3.66	9.76	7.2
Bickerton	Hayden	3/03/2004	St Mary JFC	153.5	37	36	43	3.62	10.06	9.8
Biddle	Aidan	25/02/2003	Eltham	164	50	50	61	3.34	8.64	9.10
Binion	Brock	9/09/2003	Montmorency	147	42	45	50	3.41	8.71	9.2
Bourke	Carson	2/01/2002		180	68	55	59	3.37	10.09	7.2
Brockfield	Zach	23/10/2007	Maribyrnong Park	122.5	25	28	30	4.3	10.96	7.1
Cameron	Oliver	24/12/2002	Laurimar FC	166.5	58	46	51	3.45	9.35	6.1
Cameron	Mark	24/12/2002	Laurimar FC	163	56	39	43	3.66	9.51	6.2
Carbone	Bryce	21/06/2003	Knox Junior Football Club	152.5	41	40	56	3.33	8.68	7.4
Cardamone	Alessio	31/03/2005	Heidelberg JFC	141	39	31	33	4.07	10.86	7.1
Cartwright	Thomas	23/04/2001	Pascoe Vale JFC	178.5	62	67	77	3.1	9.08	10.8
Casamento	Oliver	9/05/2001	Warrandyte JFC	172	70	53	57	3.2	8.61	12.6
Charlton	James	16/11/2004	Frankston Dolphins	155.5	n/a	40	39	3.31	9.6	8.6
Ciccarone	Joshua	3/06/2001	Pascoe Vale Panthers	159	52	44	55	3.3	9.25	9.1
Ciccarone	Dean	12/02/2006	Pascoe Vale	137.5	32	30	40	4.03	9.84	7.3
Clooney	Hudson	16/05/2003	Ashy Red Backs	146.5	50	34	35	3.74	9.00	7.5
COCHAUD	JAMES	3/05/2002	LAURIMAR JFC	171	54	42	52	3.41	8.55	10.7
Collins	Joshua	2002	Banyule FC	174	67	38	46	3.48	9.14	8.6
Cook	Kobe	15/02/2005	East Burwood	144	33	26	33	3.95	9.69	9.7
Corfee	Patrick	2/10/2003	Rowville FC	153	50	34	48	3.87	9.36	9.5
Corlett	Will	6/11/2001	Banyule	175.5	65	61	71	3.33	8.74	10.10
Crawford	Glen	7/03/2004	Banyule JFC	157	44	36	39	3.72	9.86	9.1
Crick	Adam	24/02/2003	Montmorency	153	42	41	50	3.57	9.17	11.1
D'Agostino	Michael	5/06/2004	Avondale Heights	142	36	41	48	3.81	10.69	9.1
Dean	Harry	18/08/2000	Woodend FNC	174	78	54	62	3.18	9.28	9.1
DeVito	Daniel	19/10/2001	Keilor JFC	169	56	51	59	3.33	9.15	9.6
Di Paola	Michael	5/11/2003	Beverley Hills Junior Football Club	142	44	37	49	3.41	8.82	9.6
DiCesare	Earl	9/11/2006	Macleod JFC U10	133	31	28	24	4.34	13.17	6
DiCesare	Roland	8/09/2005	Macleod JFC	122.5	27	37	37	4.02	11.43	9.4
Dickinson	Sam	1/01/2003	East Sandringham	156	43	49	57	3.45	9.08	12.6
Dooley	Max	20/04/2004	Whitehorse Colts	n/a	n/a	42	57	3.72	9.23	12.2
Doorbar	Kylan	15/12/2005	Craigieburn Eagles	141	34	33	44	3.9	9.98	8.3
Dove	Codi	2/02/2001	Timbarra Tornados	182.5	80	53	61	3.44	9.23	8.2
du Plooy	Ethan	23/04/2004	Wantirna South Devil	152.5	53	29	36	4.13	9.99	9.4
Eldridge	Liam	8/02/2003	The Basin	167	51	38	53	3.42	9.19	10.9
Erciyas	Dilhan	28/07/2002	Rowville Hawks FC	155	40	50	53	3.43	8.71	10.2
Evans	Tyler	9/12/2004	Tooradin Dalmore JFC	135.5	32.5	31	33	3.88	10.52	8.2
Farrow	Jacob	5/03/2003	Edithvale Aspendale JFC	155	38	40	51	3.69	9.15	10.10
Farrugia	Joshua	17/03/2003	Caroline Springs	171	61	43	46	3.46	10.09	8.10
Fazzolari	Julian	4/10/2005	Moonee Valley FC	149.5	35	39	53	3.34	9.64	8.9
Fazzolari	Lachlan	4/10/2005	Moonee Valley FC	149.5	36	42	57	3.56	9.48	10.2
Fenech	Jackson	2/05/2006	Maribyrnong Park JFC	133	32	34	30	3.88	10.83	7.3
Fernandez	Sebastian	12/04/2001	East Burwood Rams	174.5	73	50	59	3.26	8.75	11.5
Ferraro	Dante	18/10/2003	Knox Falcons	156.5	54	42	48	3.36	8.56	8.1
Fitzgerald	Sam	29/09/2003	Heathmont Jets	152.5	46	39	46	3.51	9.17	10.9
Frawley	Ethan	14/03/2002	Mernda JFC	172	59	51	59	3.17	8.45	10.6
Garrett	Zane	14/02/2004	East Burwood Rams	150.5	39	29	39	3.78	9.4	8.1
Gatherum	Blake	26/05/2005	Mooroolbark	145.5	40	31	39	3.9	9.06	9.10
Gigliotti	Max	19/12/2003	Heidelberg JFC	153	36	36	54	3.39	8.63	9.6
Gillard	Rhys	21/06/2003	Edithvale Aspendale JFC	157	45	44	62	3.4	8.93	11.4
Glenn	Mason	19/05/2002	Laurimar	151	43	47	54	3.55	8.66	10.1
Glenn	Brody	9/08/2004	Laurimar	137	37	41	43	3.64	8.78	10.5
Gray	Ella	22/08/2002	Research Football Club	149.5	41	33	45	3.65	9.46	8.11
Grubisa	Josh	7/06/2002	Keilor JFC	179.5	71	43	50	3.34	10.28	9.9
Gulli	Matthew	8/04/2004	Craigieburn Eagles	n/a	n/a	37	42	3.81	10.58	7.1
Hall	Jordan	17/06/2005	Lysterfield Wolves Junior	150.5	36	33	45	3.86	9.58	4.2
Hanlon	Coby	2/03/2003	Sunbury kangaroos	163	62	39	39	3.68	9.7	8.1
harbridge	logan	17/02/2003	Sunbury lions	168	54	59	61	3.09	8.95	9.2
Harvey	Dane	10/05/2004	Fitzroy JFC	162	39	50	57	3.33	9.41	11.2
Heath	Oscar	21/08/2003	Wantirna South JFC	156.5	53	37	40	3.46	9.94	9.1
Heppell	Clay	10/08/2001	Knox Junior Football Club	171.5	60	56	67	3.12	8.26	11.1
Hinton	Dylan	9/01/2003	Edithvale Aspendale JFC	157.5	45	47	54	3.54	9.06	10.10
Hodgson	Oscar	20/09/2001	Warrandyte JFC	178.5	69	50	61	3.3	8.46	10.9
Hoffman	Tyler	23/09/2004	Lysterfield Wolves	150.5	40	39	49	3.81	9.81	9.2
Holton	Zach	15/07/2000	Karingal Bulls	180	65	57	50	3.15	8.08	12.12
Homfray	Mitchell	20/09/2002	Narre Nth Foxes	162	48.5	52	51	3.06	8.34	8.10
Hug	Angus	23/03/2003	Maribyrnong Park FC	156	43	44	58	3.45	9.44	10.3
Hynd	Jordan	6/05/2002	Narre Warren South Lions Under 13	176	62	57	50	3.1	9.16	10.3
Iliopoulos	Joshua	3/01/2001	Mill Park FC	168	61	51	66	3.31	11.08	9.3
Jones	Brodie	14/10/2003	Montmorency	156.5	45	42	53	3.62	8.47	9.2
Kha	Elton	15/02/2002	Banyule JFC	159.5	50	51	57	3.05	8.28	11.1
Koelewyn	Thijs	29/08/2005	Monbulk JFC	150	41	39	43	3.65	9.1	7.1
LACHLAN	BRYCE	17/11/2003	Mt Eliza JFC	157.5	38	40	51	3.44	9.21	10.1
Lawler	Deakin	19/08/2003	St Marys Greensborough JFC	159.5	51	37	40	3.71	9.08	10.2
LEE	MATTHEW	26/09/2005	Fountain Gate JFC	147	39.5	29	33	3.8	9.81	8.1
Leehane	Joshua	10/12/2002	Lysterfield JFC	154.5	44	36	49	3.7	9.59	10.1
Lehpamer	Matthew	18/03/2003	Edithvale Aspendale JFC	155	46	35	51	3.54	9.71	10.5
Levin	Ethan	8/11/2003	Narre South Lions	155	39	35	37	3.59	9.72	10.2
Lousta	Billy	19/04/2005	Hurstbridge JFC	143	35	38	48	3.9	10.02	10.6
Maiorana	Robert	14/04/2002	Pascoe Vale JFC	161.5	59	44	45	3.6	9.9	8.5
Manterfield	Oliver	3/05/2003	Northcote Junior Football Club	165.5	56	43	48	3.24	8.72	12.8
Markovsky	Isaiah	10/12/2005	Macleod JFC	137.5	30	32	37	3.64	9.74	10.9
McCallum	Jackson	17/02/2001	Berwick Springs JFC	168	63	50	56	3.33	9.82	9.3
McFarlane-Squires	Cody	12/08/2003	Edithvale Aspendale	151	42	37	49	3.41	9.21	9.6
McMillan	Benjamin	22/03/2001	Beleura Junior FC	173	67	54	63	3.19	8.72	11.8
McSwain	Tyrell	14/07/2006		143	30	26	38	4.21	10.67	6.3

Name (Last)	Name (First)	Birth Year	Club	Height (cm)	Weight (kg)	Vertical Jump Stand (cm)	Vertical Jump Run (cm)	25 METRIC (seconds)	AGILITY	BEEP
Mejia	Bailey	11/02/2001	Lyndhurst Football Club	165	51	45	52	3.27	8.45	10.6
Micallef	Jenson	18/02/2001	Keilor JFC	n/a	n/a	48	62	3.25	9.82	9.6
Millardship	Haydn	16/02/1999	Rupertwood FC	174	63	62	73	3.24	8.77	10.3
Mills	Ethan	6/01/2002	Pearcedale/Baxter JFC	175	56	52	63	3.21	8.37	11.2
Minett	Billy	14/02/2003	Altona Vikings JFC	144.5	35	42	56	3.46	9.85	10.5
Mohr	Ryley	13/05/2004	Langwarrin JFC	143	37	34	40	3.61	10.16	9.5
Monkhouse	Dean	21/07/2003	Endeavour Hills JFC	162	55	35	39	3.83	9.77	6.3
Mooney	Harrison	16/07/2003	Laurimar Power	163	51	48	51	3.32	8.68	8.8
Mormile	Tyson	11/06/2004		139.5	30	38	44	3.52	9.58	6.8
Morris	Joshua	16/06/2005	Lysterfield Wolves JFC	157	48	36	45	3.94	9.91	7.5
Morton	Jesse	25/11/2004	Narre North Foxes	140.5	35	35	30	3.67	9.04	10.11
Murray	Brock	25/07/2005	Craigieburn U10	140	33	35	41	3.76	10.65	7.3
Muscillo	Thomas	1/12/2004	Frankston Dolphins	148	38	42	51	3.71	9.41	8.7
Newell	Jackson	27/06/2003	Wantima South JFC	157.5	52	36	37	3.57	10.81	7.1
Nicholas	Fluke	13/10/2004	Hillside FC	142	36	48	51	3.55	9.9	8.9
Nicolli	Antony	21/02/2002		165.5	50.5	41	50	3.35	9.72	10.3
Niezgodka	Brady	18/08/2004	Narre Warren North Foxes	143.5	38	39	43	3.7	9.95	7.5
Owen	Little	11/03/2000	Point Cook	170.5	59	60	68	3.03	8.42	12.3
Palling	Riley	31/08/2004	Langwarrin JFC	149	33	33	53	3.91	9.62	10.2
Parker	Ethan	7/05/2003	Yarrambat JFC	156	44	42	47	3.64	9.18	9.2
Philippou	Jacob	20/11/2001	Airport West JFC	150	40	53	63	3.35	8.89	11.3
Phillips	Sam	3/02/2005	Canterbury Cobras	150	37	37	38	3.57	9.04	9.9
Reid	Thomas	1/10/2004	Kensington JFC	136	32	30	29	3.88	10.77	7.6
Reynolds	Daniel	4/02/2005	Lysterfield JFC	148	35	28	48	3.8	9.88	8.6
Ricupero	Evan	4/09/2000	Rupertwood FC	167	59	57	65	3.08	9.27	10.4
Roberts	Nathan	18/01/2005	Pascoe Vale JFC	136.5	32	29	44	3.98	10.42	8.5
Ross	Kyle	17/04/2003	Mount Martha JFC	152	50	37	44	3.75	9.53	10.2
Salim	Logan	30/01/2006	Endeavour Hills	140	31.5	37	53	3.67	9.63	8.2
Salim	Braidyn	7/05/2002	Endeavour Hills	n/a	n/a	33	43	3.81	10.23	n/a
Scheel	Liam	9/01/2004		164	45	47	48	3.64	10.4	7.2
Scira	Adam	24/02/2006	Pascoe Vale	137	37	31	41	3.88	10.1	7.5
Sharp	Kyle	7/02/2000	Research JFC	184	73	58	71	3.00	8.14	13.2
Shepherd	Logan	18/07/2003	Noble Park JFC	161.5	48	36	48	3.69	9.49	8.2
Shirley	Benjamin	28/03/2005	Kew Comets JFC	146	36	41	50	3.92	10.02	8.3
Shirley	Jackson	3/03/2003	Kew Comets JFC	156	44	41	45	3.75	9.97	11.1
Simpson	Cooper	1/11/2006	Tooradin/Dalmore JFC	134.5	27	24	28	4.53	11.79	6.3
Singh	Navdeep	20/02/2003	Wyndham Suns JFC	155.5	44	44	57	3.41	8.96	11.12
Skelton	Benjamin	16/07/2005	Rupertwood	138	35	34	36	3.8	9.46	7.3
Somers	Declan	23/08/2002	Whittlesea Junior Football Club	171	59	45	62	3.25	9.07	7.5
Spencer	Josh	26/12/2003	Heathmont Jets	155.5	43	44	54	3.53	8.84	11.4
Stanley	Jake	17/12/2004	Williamstown Juniors	149	40	38	51	3.77	10.42	8.3
Sulemani	Adem	18/02/2005	Endeavour Hills JFC	144.5	34	36	36	3.7	10.44	8.2
Sultana	Luke	22/01/2000	Rupertwood	169.5	57	51	60	3.21	8.73	12.12
Sund	Hayden	19/10/2004	Wantirna South	151	46	31	32	4.1	9.89	8.6
Sutherland	Lachlan	27/01/2004	Mt Martha JFC	137	28	48	59	3.25	9.54	11.11
Suzuki	Soul	27/12/2002	Yarrambat Junior Football Club	155.5	43	51	63	3.28	8.11	13.2
Tauber	Cade	16/11/2000	Pearcedale Baxter JFC	181	71	61	50	3.15	8.28	10.2
Taylor	Aaron	25/04/2001	Knox JFC	164	57	56	69	3.11	7.86	12.9
Theo	Riley	10/01/2001	Melton South JFC	170	64	43	58	3.44	9.52	11.2
Thomson	Jake	9/08/2004	Lyndhurst Football Club	134	27.5	36	36	3.58	9.55	7.7
Tilyard	Connor	31/12/2001	Glen Waverley Rovers	159	50	37	44	3.2	8.22	10.2
Trichias	Liam	8/07/2003	Wantirna South	155	39	48	48	3.42	8.82	10.1
Tritton	Mason	17/05/2003	Wantirna	159.5	52	24	38	3.74	9.9	8.10
Twomey	Jackson	31/05/2002	Yarrambat JFC	143	45	47	59	3.37	9	9.1
Van Brummelen	Samuel	21/08/2003	Langwarrin JFC	160	44	43	57	3.46	8.66	12.1
Vienna	Lachlan	18/01/2002	Berwick JFC	170	60	46	37	3.5	10.16	7.9
Ward	Benjamin	30/11/2000	Rupertwood FC	177	69	56	66	3.12	9.06	11.1
Williams	Reid	5/07/2002	Kensington JFC	148.5	48	33	40	3.91	11.75	7.8
Williams	Zane	7/01/2003	Montmorency	172	50	47	57	3.18	8.89	11.5
Williamson	Riley	13/01/2004	Berwick Junior Blues	152.5	33	33	35	3.73	10.07	10.1
Woods	Spencer	19/05/2005	Mooroolbark JFC	137.5	35	35	38	3.82	9.86	10
Zadel	Calvin	5/06/2002	Altona Vikings JFC	159.5	43	48	58	3.47	9.01	11.5
ZANTI	Anthony	31/03/2001	Airport West JFC	158	65	49	66	3.27	9.16	10.10