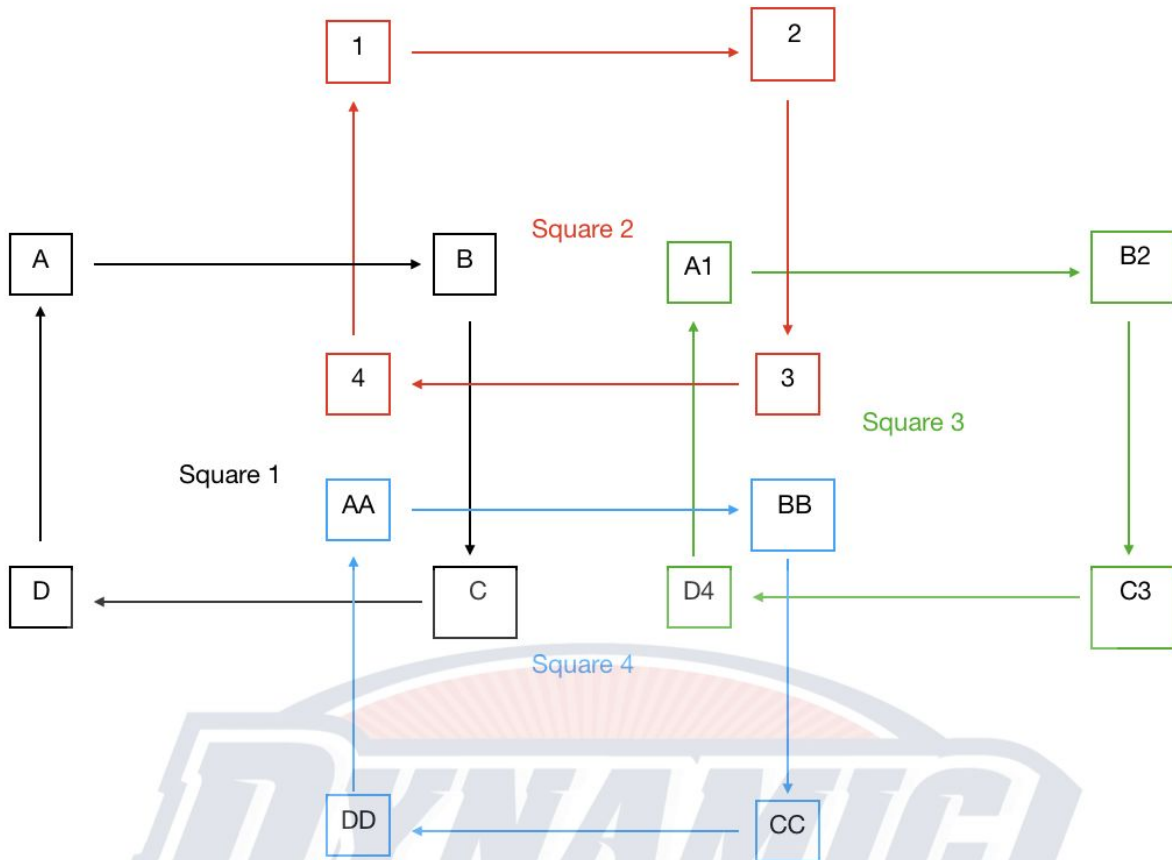


## INTERLOCK KICKING



4 squares interlocked with each other. Players kick the ball down the lines of the square IE- Square 1 = A to B, B to C, C to D, D to A, repeat. Players will cross paths from other squares

### Variations

Limit the numbers on cones in each square, add footballs to each square, add a diagonal kick across the squares, Squares go in opposite direction to each other

### Teaching Points

Leading Patterns, Hitting targets in traffic, weighted kicking, concentrating, communication, awareness