

<b>Term 1 (April school holidays)</b>	<b>Term 2 (July school holidays)</b>	<b>Term 3 (September school holidays)</b>
Kicking - Drop Punt both feet	Kicking - Drop Punt both feet	Kicking - Drop Punt both feet
Goal kicking - Set shot	Goal kicking (Vary)	Kicking (Vary)
Snap kick	Torpedo kick	Shepherding
Banana kick	Marking (Overhead, chest)	Body positioning/presence
Contested ground balls	Hand-balling both hands	Positional play
Uncontested ground balls	Tackling	Fending off / Side step
(Strength & Conditioning) Speed	(Strength & Conditioning) Agility	(Strength & Conditioning) Power
Player chosen skill	Player chosen skill	Player chosen skill
Online support & followup after the session	Online support & followup after the session	Online support & followup after the session