

# FITNESS TESTING RESULTS

## 2021 ELITE SUMMER TRAINING PROGRAM



Name	Surname	Birth Year	Height (cm)	Weight (kg)	20 METRE (seconds)	Vertical Leap		AGILITY (Seconds)	YO-YO
						Standing (cm)	Running (cm)		
Patrick	Abrahams	2011	146	36	3.8	37	47	10.81	14.6
Eden	Ackland	2009	149	44	3.62	40	56	10.18	15.3
Mason	Agnew	2010	157	50	3.62	41	52	10.23	14.4
Jackson	Albanis	2011	150	51	4.16	38	49	10.63	12.1
Josh	Allwood	2008	155	39	3.64	35	45	9.4	15.2
Riley	Anderson	2009	151	46	3.48	51	61	9.4	14.6
Chase	Arnoldt	2011	143	35	3.68	32	35	9.75	14.3
Gabriel	Azzam	2012	143	39	4.31	25	28	10.04	13.1
Adrian	Bacarella	2007	169	66	3.11	40	52	9.35	16.6
Lachlan	Bell	2012	138	29	3.78	33	34	10.19	14.1
Luke	Bellette	2011	157	41	3.39	35	40	9.19	14.4
Tarkyn	Bower	2011	141	32	3.904	32	30	10.3	12.3
Jayden	Cail	2010	154	38	3.51	34	41	9.48	14.4
Jason	Camm	2011	146	33	3.78	30	35	9.29	15.8
Zak	Carey	2010	139	35	3.8	37	46	10.04	14.4
Seb	Cartisano	2006	172	65	3.25	52	61	9.33	16.1
Vincent	Cartisano	2009	149	40	3.69	30	50	9.81	14.1
Jake	Caruso	2011	147	45	3.69	29	36	9.96	14.4
Cooper	Casey	2011	145	42	4.73	19	29	12.14	12.2
Joseph	Chalikias	2008	159	45	3.56	42	51	10	15.1
Lockye	Ching	2008	147	35	3.48	49	53	9.12	15.7
Nathan	Clough	2010	164	47	3.69	31	32	10.08	13.4
Finn	Collins	2009	158.5	44	3.42	47	60	9.8	15.5
Jack	Condello	2009	172	65	3.41	44	54	9.06	17.2
Orin	Cordle	2012	136	30	3.66	29	31	10.24	14.6
Hunter	Cotterell	2011	146	47	4.12	32	35	10.23	14.2
Dustin	Cragie	2012	141	34	3.88	36	37	10.68	12.4
Charlie	Cruse	2009	166	59	3.92	40	53	9.19	14.4
Dante	D'Ovidio	2007	184	70	2.95	56	74	9.11	16.5
Jordan	Davidson	2009	157	44	3.65	45	48	9.65	14.6
Griffen	Davies	2009	162	45	3.49	41	41	9.05	n/a
Jack	De Bolfo	2011	147	48	3.69	42	49	10.31	14.2
Harvey	De Bono	2008	167	58	3.29	47	63	9.37	16.2
Jacob	De Propertis	2010	153	50	3.96	33	34	11.99	13.5
Ranveer	Dhamija	2012	134	45	3.76	38	34	10.83	12.2
Brody	Downes	2009	153	47	3.78	40	49	9.5	14.7
Xavier	Dracos	2010	151	33	3.53	36	50	10.06	15.4
Hamish	Dunne	2010	151	37	3.56	34	45	9.13	16.6

Patrick	Dunne	2012	147	33	3.82	24	34	10.37	13.3
Nate	Exton	2010	153	46	3.57	41	53	9.18	14.6
Jacob	Fitzgerald	2008	174	84	3.46	45	57	9.06	14.5
Oliver	Flanagan	2009	151.5	41	3.46	45	53	9.12	18.1
Ashton	Flottl	2008	156	49	3.55	45	59	9.16	16.2
Tyler	Flottl	2010	155	46	3.66	36	52	9.12	14.6
Jack	Galanis	2012	141.5	30	4.1	30	34	9.91	13.2
Maverick	Gardener-Solomon	2011	144.5	47	3.96	30	32	10.41	13.1
Harry	Gardner-Solomon	2008	156	50	3.23	53	66	8.98	INJ
Lucas	Georgiadis	2011	138.5	33	3.78	44	38	9.26	14.6
Taydon	Gold	2009	155	40	3.53	42	50	9.74	16.4
Miles	Goldsworthy	2009	147	30	3.8	41	52	9.81	12.2
Dylan	Grillinzoni	2009	152	34	3.47	39	46	9.71	15.3
Lenny	Grillo	2009	164	62	3.99	35	37	10.02	13.3
Matthew	Hallikainen	2009	142	33	3.61	41	50	9.67	15.3
Ethan	Hardman	2008	171	55	3.35	42	46	9.33	17.1
Nate	Harris	2010	161	75	3.99	31	33	10.2	11.1
Sophia	Hrysoulakis	2009	158	54	3.75	36	47	10.06	13.4
Noah	Ingham	2009	161	50	3.55	45	54	9.33	16.6
Liam	Ingwersen	2009	172	60	3.31	40	46	9.00	INJ
Alessio	Iuele	2008	174	85	3.6	42	58	9.69	15.1
Neel	Kanth	2012	148	49	4.37	33	40	11.27	12.4
Jack	Knight	2010	163	41	3.86	28	45	9.71	12.2
Xavier	Knowles	2011	150	31	3.99	30	36	10.8	13.2
Ryan	Kruger	2008	179	60	3.16	51	52	8.50	17.8
Hudson	Lawrence	2008	156	52	3.36	50	63	8.73	18.5
Isaac	Lawry	2010	145	36	3.52	38	42	10.35	14.5
Caelan	Lee	2009	154	42	3.69	30	42	10.01	14.5
Tiger	Lee	2011	144	32	3.64	36	41	10.31	14.8
Jamison	Leeson	2008	173	65	3.32	46	46	8.53	INJ
Kai	Long	2010	148	32	3.55	41	46	8.91	14.4
Harry	Macleod	2010	151	37	3.4	38	46	9.03	14.4
Robert	Marchant	2008	171	64	3.58	46	50	9.47	16.1
Brady	Massaro	2012	146	42	3.88	35	35	10.24	14.4
Mohamed	Matar	2010	149	40	3.64	37	47	10.09	14.5
Finn	McAvoy	2007	186	73	3.11	48	67	8.53	18.7
Ethan	Mccarthy	2012	143	33	3.66	25	39	10.13	13.1
Lachlan	McNamara	2007	164.5	58	3.41	39	51	9.37	15.1
Isa	Merhi	2009	154	43	3.34	40	48	8.47	15.4
Ambrose	Meyer	2012	129	24	3.81	35	37	10.73	14.1
Callum	Micallef	2008	160.5	50	3.19	55	65	8.82	17.3
Dash	Minton	2011	138	32	3.46	39	49	9.41	16.3
Dominic	Miradakis	2013	137	34	4.07	30	31	10.11	13.2

Harry	Miradakis	2011	145	42	3.65	28	37	10.48	13.4
James	Moleta	2013	136	31	4.41	25	29	12.38	12.4
Zac	Molinaro	2010	154	43	3.87	42	49	9.23	15.8
Aaron	Morias	2010	149	38	3.59	39	53	8.79	15.5
Mitchell	Morton	2008	158	45	3.52	43	57	8.95	16.1
Oscar	Morton	2006	168	51	3.06	47	57	8.32	18.3
William	Naish	2010	147	35	3.89	27	37	9.92	15.5
Jacob	Newstead	2011	145	36	4.18	37	49	9.8	14.6
Ollie	Nicol	2011	146	35	3.57	24	25	10.91	12.2
Cristian	Nisi	2010	140	40	3.81	31	38	9.87	15.1
Olie	Noto	2009	158	42	3.47	39	51	9.15	16.4
Hunter	Oconnor	2010	161	51	3.59	41	41	9.87	13.3
Cooper	Oliver	2010	147	48	4.05	34	37	10.39	12.1
Josh	Oliver	2012	139	39	3.58	31	35	10.47	13.2
Dallas	Ornsby	2008	166	54	3.48	38	47	9.13	19.1
Knox	Pain	2009	150	38	3.52	45	53	9.26	18.3
Sam	Palmer	2010	150	41	3.5	38	45	9.92	16.7
Melvic	Pambai	2007	171	81	3.26	54	64	8.85	17.6
Veron	Pantazis	2009	166	54	3.35	47	46	8.83	15.5
Ben	Parente	2010	145	39	3.54	35	42	9.24	14.4
Gabrielle	Parente	2009	153	44	3.33	51	59	9.21	14.5
Alex	Parisi	2008	166	62	3.36	43	37	8.70	16.2
Sam	Perry	2010	143	35	3.87	35	39	9.84	14.4
Max	Perryman	2012	133	29	3.79	35	48	9.97	15.2
Will	Phillips	2008	174	59	3.39	48	55	9.4	15.1
Robbie	Powell	2009	162	47	3.75	40	43	9.77	15.1
Jack	Power	2009	150	39	3.5	36	45	9.24	15.8
Xavier	Prosser	2009	152.5	40	3.41	41	46	9.76	15.3
Hugo	Pruscino	2008	167	50	3.53	43	45	10.55	16.1
Will	Pryor	2009	180	63	3.49	40	49	10.04	15.8
Kayden	Ramirez	2008	170	55	3.37	55	66	8.87	15.4
Gus	Redin	2009	146.5	36	3.51	36	47	9.29	17.2
Ethan	Reed	2011	143.5	41	4.11	28	43	10.92	13.1
Matthew	Repic	2007	168	50	3.1	53	66	9.33	18.2
Lexi	Roberts	2009	158	44	3.8	43	51	9.91	13.3
Adrian	Romanella	2011	142	32	3.6	32	34	10.37	14.7
Boston	Roper	2011	141	33	4.44	39	42	9.7	16.1
Max	Sanbrook	2011	137.5	30	3.71	36	41	9.52	15.7
Bailey	Scarpa	2007	169	58	3.23	49	43	9.67	14.6
Tommy	Seymour	2010	145	29	3.56	35	46	10.05	15.2
Charlie	Shinkfield	2012	143	32	3.92	35	49	10.09	14.1
Jackson	Sierakowski	2011	143	35	3.95	29	30	9.98	14.1
Achilles	Smith	2008	161	50	3.33	50	52	8.68	15.3

Mitchell	Snowden	2012	141	32	3.66	36	45	9.92	14.8
Jai	Spindler	2008	155	44	3.39	41	49	9.68	15.7
Jack	Stein	2011	151	32	3.89	34	34	10.17	13.4
Anoushka	Stephens	2010	155	48	3.9	45	48	9.98	15.6
Hugh	Stewart	2010	148	37	3.93	39	43	10.39	13.1
Harrison	Sue	2008	171	65	3.36	39	52	9.16	14.7
Dylan	Sutharsan	2009	155	56	3.59	38	42	9.51	14.4
Dean	Talarico	2008	180	72	3.29	48	59	9.05	17.4
Ryan	Talarico	2009	146	40	3.55	42	44	8.57	16.5
Jayden	Tan	2008	167	63	3.38	49	54	9.03	18.1
Bodhi	Taylor	2011	139	30	3.63	39	44	9.02	14.1
Samuel	Thorpe	2011	139	33	3.53	34	33	9.04	14.3
Jake	Tucker	2009	164	52	3.55	37	39	9.06	16.4
Christian	Vago	2007	169	53	3.15	49	66	9.15	17.1
Lucas	Vasdikis	2011	145	35	4.51	39	52	9.93	16.2
Nicholas	Villani	2010	141.5	36	3.88	32	39	10.27	12.1
Elijah	Vujovich	2010	147	34	3.58	44	52	9.93	14.2
Justin	Wall	2008	161	47	3.18	58	65	9.02	18.4
Jack	Wallis	2010	159	53	3.81	36	42	10.21	14.1
Banjo	Walsh	2008	169	65	3.56	46	54	8.49	18.1
Noah	Walsh	2010	144.5	36	3.82	36	41	9.81	15.3
Lucca	Walter	2012	145	38	3.41	38	47	9.50	14.3
Josh	Welsh	2007	181	110	3.6	29	41	9.79	14.1
Landon	White	2011	162	46	3.93	36	35	9.81	14.1
Michael	Zarro	2008	163	44	3.71	38	49	9.74	16.3
Ernest	Zhao	2011	150.5	45	4.56	24	27	11.68	11.2